

MEATBALL MANIA & WHOLEWHEAT PENNE

Food Label values per 100g

	PER 100G	%RI	PER 345G SERVING	%RI
Energy(KJ)	380 kJ	5%	1313 kJ	16%
Energy(kcal)	90 kcal	5%	312 kcal	16%
Fat	2.2g	3%	7.7g	11%
of which saturates	0.8g	4%	2.7g	14%
Carbohydrate	12g	5%	41g	9%
of which sugars	2.4g	3%	8.4g	26%
Fibre	1.9g	8%	6.5g	30%
Protein	4.3g	9%	15g	14%
Salt	0.25 g	4%	0.86 g	

Nutri-Score
A B C D E

CONTAINS:



WHEAT



CELERY

MAY CONTAIN:



EGGS



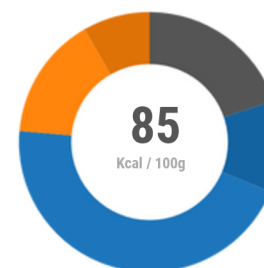
MUSTARD



SOYA



SULPHUR DIOXIDE & SULPHITES



CALORIES:

56.5% Carbs

19.8% Protein

23.6% Fat

Water (28.2%), **Wholewheat** Pasta (19.3%) (**Wheat**), Passata (16.1%), Morrisons Woodhead Bros Beef & Pork Mince 750g (10.5%) [Beef (60%), Pork (40%)], Roma Penne **Wholewheat** 500g (7.2%) [Durum **Wholewheat** Semolina], Onions (4%), Carrot (3.2%), Courgettes (2.4%), **Celery** (2.4%), Apple (1.6%), Peppers (1.6%), Honey (1.1%), Garlic (0.8%), Tomato Puree (0.64%), Sunflower Oil (0.48%), Dr Coy's Vegetable Bouillon Organic Seasoning 150g (0.18%) [Sea Salt, Dried Organic Vegetables (45%), Carrot*, **Celery***, Lovage*, Chive*, Cauliflower*, Onion*, Leek*, Parsley*, Broccoli*, Savoy Cabbage*, Garlic*, Nutmeg*, Turmeric*, Fenugreek*, Coriander*, Ginger*, Sweet Pepper*, Fennel*, *Organic], Basil (0.16%), Salt (0.08%)

ALLERGY ADVICE: For allergens, see ingredients in **Bold**. May contain traces of **Eggs, Mustard, Soya**