

VEGAN LENTIL BOLOGNESE WITH GLUTEN FREE PASTA

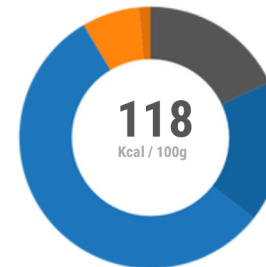
Food Label values per 100g

	PER 100G	%RI	PER 201G SERVING	%RI
Energy(Kj)	542 kJ	6%	1090 kJ	13%
Energy(kcal)	128 kcal	6%	258 kcal	13%
Fat	1.1g	2%	2.2g	3%
of which saturates	0.2g	1%	0.4g	2%
Carbohydrate	22g	8%	44g	17%
of which sugars	5.2g	6%	10g	11%
Fibre	4.6g	18%	9.3g	37%
Protein	5.3g	11%	11g	22%
Salt	0.32 g	5%	0.64 g	11%

Nutri-Score



MAY CONTAIN:



CALORIES:

73.4% Carbs

18.1% Protein

8.5% Fat

Bia Og Pasta With 6 Hidden Veg (59.7%) [Tomatoes (40.6%), Macaroni (18.3%) [Durum **Wheat** Semolina], Water (14.5%), Dried Onions (6.4%), Carrots (5.5%), Courgette, (5.2%), Red Chilli Peppers (4.3%), **Celery**, (2.9%), Sun Dried Tomato Paste (1.7%) (**Sulphites**), Vegetable Stock, Homemade (0.58%) (**Celery**), Garlic (0.09%), Dried Mixed Herbs (0.06%)], Sweet Potatoes (19.9%), Wholemeal Pasta (10%) (**Wheat**), Lentils (10%), Dr Coy's Vegetable Bouillon Organic Seasoning 150g (0.25%) [Sea Salt, Dried Organic Vegetables (45%), Carrot*, **Celery***, Lovage*, Chive*, Cauliflower*, Onion*, Leek*, Parsley*, Broccoli*, Savoy Cabbage*, Garlic*, Nutmeg*, Turmeric*, Fenugreek*, Coriander*, Ginger*, Sweet Pepper*, Fennel*, *Organic], Tomato Puree (0.25%)

ALLERGY ADVICE: For allergens, see ingredients in **Bold**. May contain traces of **Eggs**